

TEG: The ABCs of Implementing Thromboelastography in a Trauma Center

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Learning Objectives

- Implement TEG into a Trauma Center
- Describe the normal/abnormal dynamic clotting parameters of Thromboelastography (TEG) and propose treatment using an algorithm
- Strategize treatment options involving actual cases of hemorrhage



Disclosure Statement

- Bader
 - Board of Directors: Secretary
 - Neurocritical Care Society
 - Honorarium
 - Bard
 - Integra
 - Medical Advisory Board
 - Brain Trauma Foundation and Neuroptics
 - Scientific Advisory Board
 - Cerebrotech
 - Stock options
 - Neuoptics and Cerebrotech



Hemorrhage States

- Trauma
 - Traumatic Brain Injury
- Intracranial Hemorrhage
 - ICH
 - SAH
- GI Bleeding
- Liver disease/disorders
- OB Hemorrhage
- Ruptured vessels



Trauma Injury, Hemorrhage, & TBI

- Trauma/Injury is the 2nd leading cause of death globally
 - 40% of mortality associated with injury due to uncontrollable hemorrhage
- 1/3 of severely injured trauma patients sustain Trauma Induced coagulopathy (TIC)
 - Poorly understood mechanisms
 - Several theories
- Coagulopathy of TBI (CTBI) is a component of TIC
 - Multiple theories contribute to early platelet dysfunction
 - Correlation between severity of TBI and platelet dysfunction



Coagulopathy of TBI (CTBI)

- Presence of CTBI ranges 10-97% in ROL due to many factors

 11. Harhangi, B.S. Kompanje, E.J., Leebeek, F.W., and Maas, A.I.
 (2008). Coagulation disorders after traumatic brain injury. Acta
 Neurochir. (Wien) 150, 165-175.
 - Heterogeneity of patients, types of lab tests, timing of tests, and lack of clear defined consensus to define CTBI
 - Associated with poor outcomes
 - Blunt TBI: coagulopathy increases mortality (50% vs 17.3%) compared to no coagulopathy
 - Factors increase risk include GCS<8, ISS>16,
 hypotension on admit, cerebral edema, SAH, shift



Coagulopathy of TBI (CTBI)

- Platelets & Platelet Activating Factor Theories
 - TBI may result in platelet hyperactivity
 - Platelet activating factor (PAF) induces aggregation and contributes to hypoxia-induced breakdown of the BBB
 - Tissue Factor normally not exposed to circulating blood volume...in TBI brain tissue (rich in TF) & platelets (breakdown) release TF in response to the injury and other cellular dynamics

Traumatic Brain Injury-Associated Coagulopathy

Exhausted Platelet Dysfunction

BBB disruption releasing TF (Castellino et al 2014)

- Qualitatively different form that found in most tissues (unexposed to soluble clotting factors –unsaturated by factor VII)
- Liberation of free TF into circulation, provokes TF binding to VIIa on a massive scale
 - Results in stimulation of thrombin production in the initiation phase
 - Flood of TF –generated thrombin results in platelet exhaustive syndrome
 - Large numbers of circulating platelets <u>exist in a refractory</u> <u>state</u>
 - Leads to Platelet inhibition at the ADP receptor site (Davis et al 2013)
 - Platelets incapable of stimulation and cannot form a stable thrombus through usual pathways
 - Platelet count usually normal (Davis et al 2013)
 - No evidence of fibrinolysis (Davis et al 2013)



METHODS—We used thrombelastography with platelet mapping as a measure of platelet function, assessing the degree of inhibition of the adenosine diphosphate (ADP) and arachidonic acid (AA) receptor pathways. First, we studied the early effect of TBI on platelet inhibition by performing thrombelastography with platelet mapping on rats. We then conducted an analysis of admission blood samples from trauma patients with isolated head injury (n = 70). Patients in shock or on clopidogrel or aspirin were excluded.

RESULTS—In rats, ADP receptor inhibition at 15 minutes after injury was 77.6% \pm 6.7% versus 39.0% \pm 5.3% for controls (p < 0.0001). Humans with severe TBI (Glasgow Coma Scale [GCS] score \leq 8) showed an increase in ADP receptor inhibition at 93.1% (interquartile range [IQR], 44.8–98.3%; n = 29) compared with 56.5% (IQR, 35–79.1%; n = 41) in milder TBI and 15.5% (IQR, 13.2–29.1%) in controls (p = 0.0014 and p < 0.0001, respectively). No patient had significant hypotension or acidosis. Parallel trends were noted in AA receptor inhibition.

Rats c TBI –
TEGPM
Human TBI 70
Pts
TEGPM done
Rats: ADP
inhibition
within 15 min
Humans: ADP
inhibition 93%
in TBI

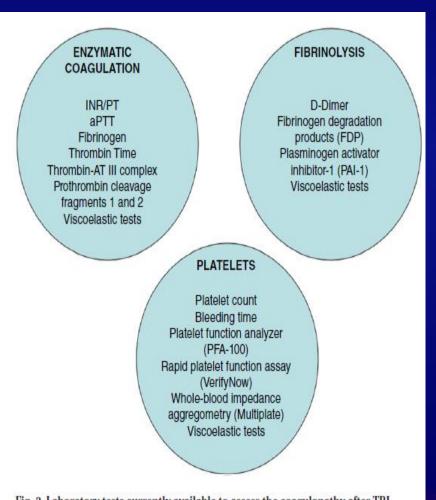
CONCLUSION—Platelet ADP and AA receptor inhibition is a prominent early feature of CTBI in humans and rats and is linked to the severity of brain injury in patients with isolated head trauma. This phenomenon is observed in the absence of hemorrhagic shock or multisystem injury. Thus, TBI alone is shown to be sufficient to induce a profound platelet dysfunction. (J Trauma Acute Care Surg. 2014;76: 1169–1176.



WHY TEG?



Assessing Coagulopathy



Coagulopathy after traumatic brain injury: incidence, pathogenesis, and treatment options

Fig. 2. Laboratory tests currently available to assess the coagulopathy after TBI (modified from¹¹).



Measuring TIC and CTBI Value of Viscoelastic Analysis

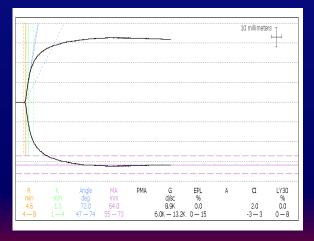
- Viscoelastical Hemostatic Assays (VHAs) tests that reflect the new understanding of hemostasis
 - Initiation Amplification Propagation
 - TEG and ROTEM
- VHAs assess properties of coagulation in whole blood
 - Can differentiate between low fibrinogen and reduced platelet function as the cause of impaired clot strength as well as systemic hyperfibrinolysis
 - Clinical value of VHA is corroborated by > 30 clinical studies on patients with massive hemorrhage—
 - Demonstrates Superiority over conventional coagulation tests



Hemostasis Monitoring:

TEG Hemostasis System





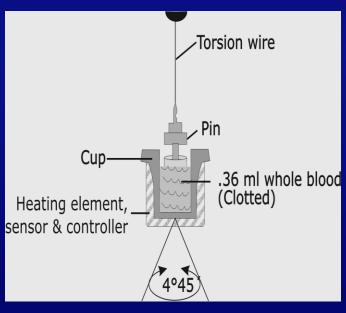
- Whole blood test
- Measures hemostasis
 - Clot initiation through clot lysis
 - Net effect of components
- TEG system
 - Laboratory based
 - Point of care
 - Remote, can be networked
 - Flexible to institution





TEG Technology:

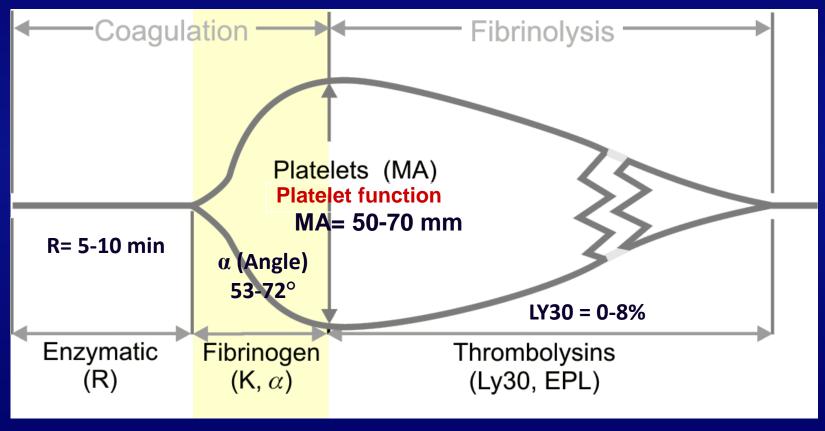
How It Works



- Cup oscillates
- Pin is attached to a torsion wire
- Clot binds pin to cup
- Degree of pin movement is a function of clot kinetics
- Magnitude of pin motion is a function of the mechanical properties of the clot
- System generates a hemostasis profile
 - From initial formation to lysis



TEG Parameter Summary

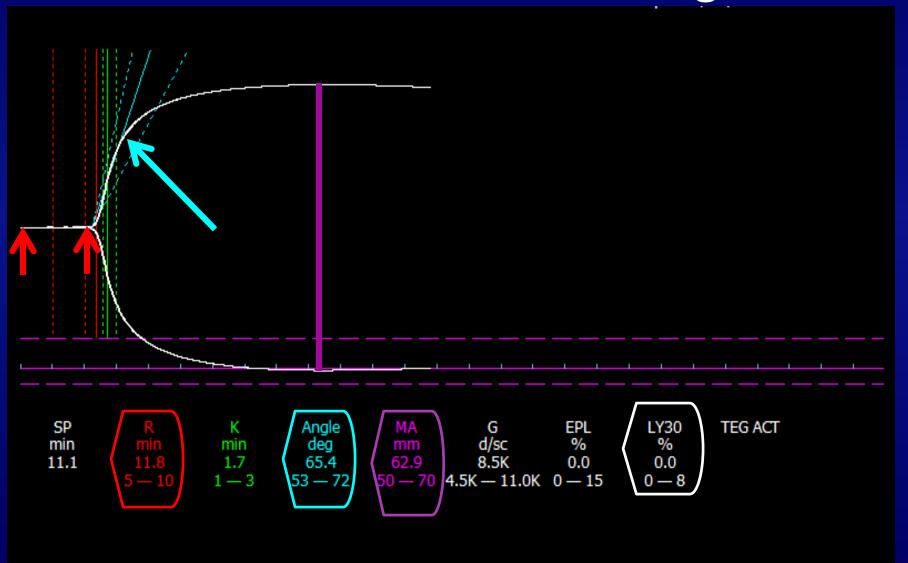


Clotting time

Clot kinetics

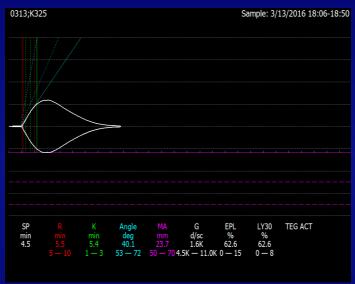
Clot stability Clot breakdown

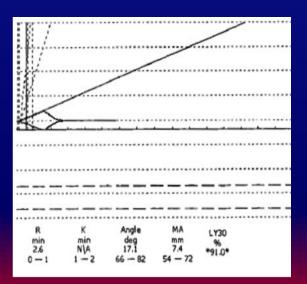
Standard TEG Tracing





Fibrinolytic Abnormalities LY30 Parameter: Primary Fibrinolysis

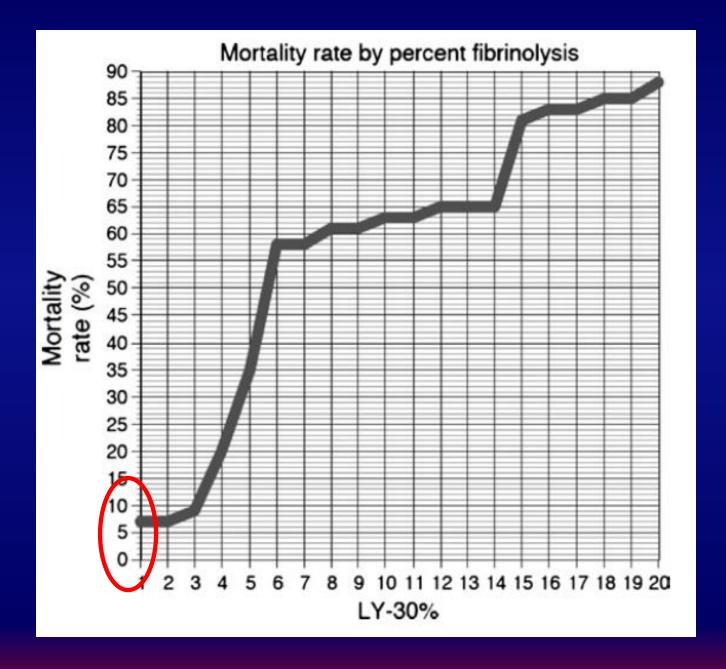




When fibrinolysis is greater than the rate of clot formation, or when it causes the breakdown of new clots, bleeding typically occurs. This condition is primary fibrinolysis and is identified with the TEG analyzer by an LY30 value of greater than 7.5% (or EPL > 15%), combined with a CI value of less than or equal to 1.0.

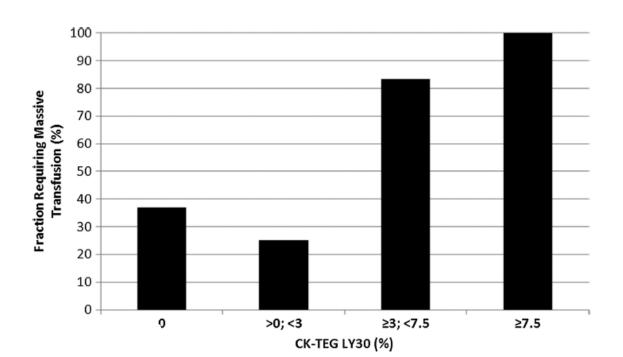
- Possible causes:
 - Excessive rate of fibrinolysis
- Possible etiologies:
 - High levels of tPA
- Common treatments:
 - Anti-fibrinolytic agent





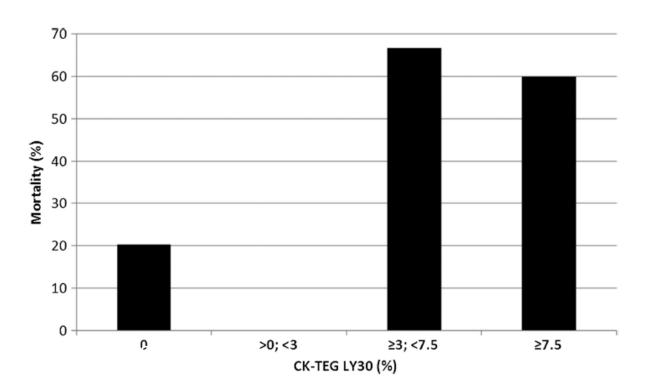
Fibrinolysis greater than 3% is the critical value for initiation of antifibrinolytic therapy

Michael P. Chapman, MD, Ernest E. Moore, MD, Christopher R. Ramos, MD, Arsen Ghasabyan, MPH, CCRC, Jeffrey N. Harr, MD, MPH, Theresa L. Chin, MD, John R. Stringham, MD, Angela Sauaia, MD, PhD, Christopher C. Silliman, MD, PhD, and Anirban Banerjee, PhD, Aurora, Colorado



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WHAT ABOUT RAPID TEG?



Rapid TEG

Jeger and colleagues evaluated Rapid TEG

 r-TEG utilizes tissue factor in addition to kaolin for activation of the clotting cascade

• 20 trauma patients: r-TEG results available < 20 min. vs. > 30 min. for TEG, PT/PTT

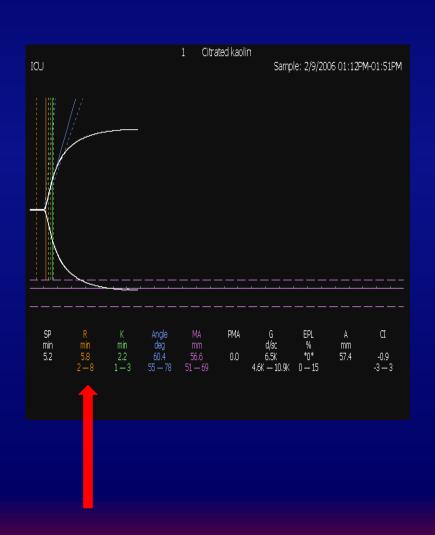
Jeger V et al J Trauma 2009

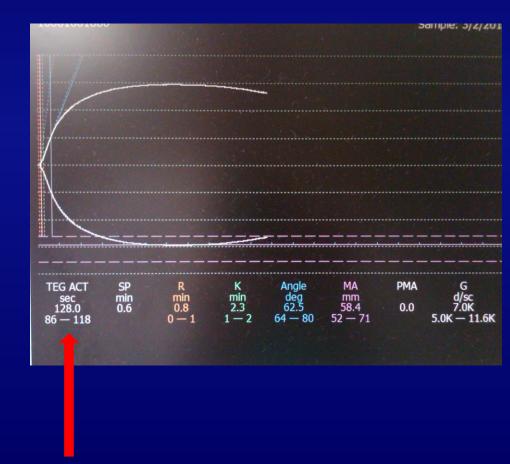
Courtesy: Dr. Bryan Cotton

Normal TEG

VS

r-TEG





Courtesy: Dr. Bryan Cotton

Rapid TEG predicting coagulopathy

TABLE 4. Multivariate Logistic Regression Model Predicting MT (≥10 Units PRBC) in the First 6 h

	Odds Ratio	95% CI	p
ACT >128 s	5.15	1.361-19.494	0.016
Age (yr)	1.00	0.974-1.043	0.636
Male gender	0.56	0.139-2.319	0.431
Blunt mechanism of injury	0.43	0.128 - 1.473	0.475
White race	0.65	0.353-0.1.233	0.191
ED systolic blood pressure	0.99	0.970 - 1.011	0.378
ED heart rate	0.98	0.968-1.017	0.548
Positive FAST examination	1.59	0.466-5.148	0.181

r-TEG predicting NO blood

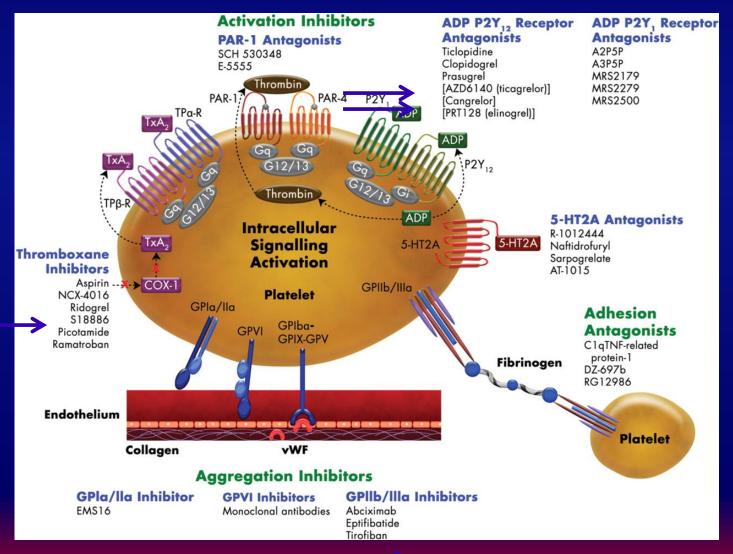
TABLE 5. Multivariate Logistic Regression Model Predicting No PRBC Transfusions in the First 6 h

	Odds Ratio	95% CI	p
ACT <105 s	1.85	1.069-3.185	0.028
Age (yr)	0.99	0.978 - 1.007	0.340
Male gender	0.88	0.486-1.606	0.686
Blunt mechanism of injury	1.56	0.868 - 2.835	0.136
White race	0.60	0.355 - 1.037	0.068
ED systolic blood pressure	1.00	0.985 - 1.027	0.558
ED heart rate	0.98	0.976-0.998	0.020
Positive FAST examination	0.62	0.313-1.238	0.117

Courtesy: Dr. Bryan Cotton



Platelets





Measuring Platelet Dysfunction

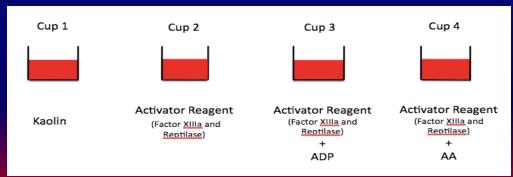
Device	Technique	Antiplatelet Medication Detection	Unit 255
PFA 100	Cessation of blood flow by occlusion of aperture through platelet plug	Aspirin GpIIb/IIIa antagonists	Closure Time
Multiplate	Altered electrical impedance through platelet aggregation	Aspirin Thienopyridines GpIIb/IIIa antagonists	Aggregation Unit
Verify Now	Altered light transmission through platelet aggregation	Aspirin Thienopyridines GpIIb/IIIa antagonists	Aspirin Reaction unit P2Y ₁₂ reaction unit Platelet aggregation unit
TEG-PM	Platelet effects on clot strength	Aspirin Thienopyridines GpIIb/IIIa antagonists	% Platelet inhibition Measured levels of clot stregth MA _{ADP} and MA _{AA}

Point of care coagulation testing in neurosurgery

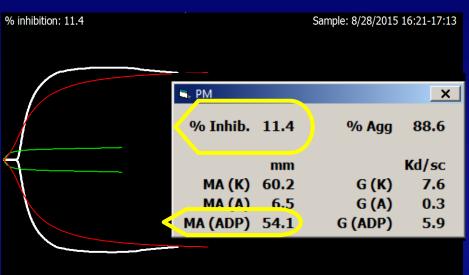
Christopher Beynon*, Andreas W. Unterberg, Oliver W. Sakowitz

TEG with Platelet Mapping

- Platelet function is analyzed using the TEG/PM assay.
 - Four individual samples of 360 μL of whole blood are placed into separate specialized cups from blue-capped collection tubes. Next, 10 μL of the prepared activator solution, comprised of reptilase, factor XIIIa, and phospholipids are added to three of the cups
 - CUP 1: Kaolin (TEG Tracing MA _{Thrombin})
 - CUP 2: MA Fibrin (MA_{Fibrin})
 - Cup 3: MA _{ADP} (adenosine diphosphate) (MA_{ADP})
 - Cup 4: MA AA (arachidonic acid) (MAAA)



Platelet Mapping Values





MA _{ADP} or MA_{AA} absolute values should be interpreted in correlation with the MA

- MA ADP > 50 less likely to bleed
- MA _{ADP} 35-50 moderate chance of bleeding
- MA _{ADP} < 35 high chance of bleeding

Platelet Mapping: Tx Thresholds

MA _{ADP or AA} > 50 less likely to bleed
MA _{ADP or AA} 35-50 mod chance of bleeding
MA _{ADP or AA} < 35 ↑ chance of bleeding
Critical Value < 35

% Inhibition Platelet Mapping Normal ADP or AA % Inhibition 0-40% Critical Value > 60%

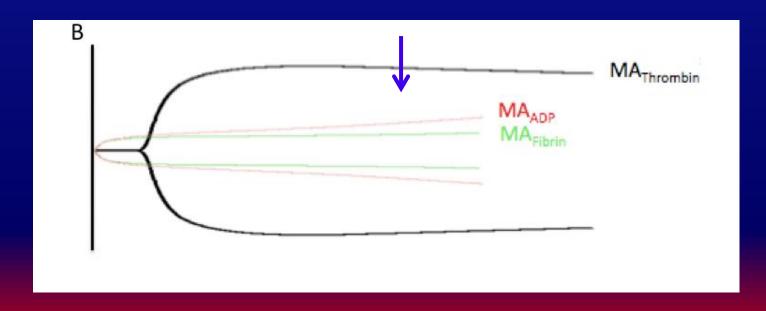


Inhibited Platelets

Platelets are more inhibited:

TEG/PM tracing with platelet inhibition greater than normal.

A patient can have a normal Platelet count but the platelets are not functioning properly





ABCs of TEG: Where to start?

- Become the Expert or Find a Nurse Colleague who wants to be content expert
 - Review/Read the literature on the use of TEG
 - Attend a lecture on how it is applied
 - Visit a center that has implemented a program
 - Become the expert!
- Find a Physician Champion
 - Get Physician BUY IN from the surgeons, intensivists, and Anesthesia
 - Find a champion from each area of expertise
 - Trauma, Neurosurgery, Neuro Critical Care, Intensivists, ED, Anesthesia
- Make friends with the Lab Manager or Perfusionist



ABCs of TEG: Where to start?

- Budget?
 - Donors are nice!
 - Build it into the budget cycle
- Once purchased: Form a MD team to build a hospital based protocol
 - Start with another hospital based protocol or develop one
 - Gain consensus: 2-3 meetings
- Educate staff
 - Physicians: Bring in physician content expert (national)
 - Nurses: Provide 1 1/2 hour lecture on TEG for key staff
- Get BUY IN from the rest of the hospital
 - Engage key nurses from ED/ICU, Laboratory personnel, OR personnel, and IT
- Provide 24/7 support





Mission • Mission Laguna Beach

DEPARTMENT
ORIGINAL DATE CREATED
LAST DATE REVISED
ORIGINAL DATE ADOPTED
PROTOCOL
APPROVED BY

Collaborative Practice 12/2014 9/28/15 7/20/15

Linda Johnson

Thromboelastography (TEG) Protocol for Monitoring/Treatment of Coagulation Alterations

Responsibility: Executive Director, Critical Care Services

II. Scope: Emergency Department Physicians, General Surgeons, Neurosurgeons,

Cardiologists, Critical Care Physicians, Cardiovascular Surgeons,

Nurses, Pharmacists, and Laboratory Personnel

III. Key Words: @TEG, @hemorrhage, @neurotrauma, @ life threatening

Hemorrhage, @Fibrinolysis

IV. General Description:

Patients presenting to the Emergency Department with trauma may sustain massive bleeding. Trauma induced coagulopathy (TIC) is a complication of severe hemorrhage requiring blood products to reverse the coagulopathy. Patients presenting with severe traumatic brain injury are at risk for refractory intracranial hemorrhage from platelet dysfunction or the concurrent use of anticoagulants or anti-platelet medications. In addition, patients presenting with massive hemorrhage require targeted blood product administration to halt the hemorrhagic processes.

Thromboelastography (TEG, Haemonetics Corporation, Braintree, MA) testing provides a more predictive and accessible point-of-care (POC) measurement of clot formation and strength, platelet function, and fibrinolytic activity that the critical care team needs to guide effective hemostatic therapy for TIC as well as excessive hemorrhage.

IV. Purpose:

- This protocol will define the assessment, diagnostic workup, and treatment choices to reverse the hemorrhagic state in patients with trauma, severe TBI, uncontrolled bleeding, and/or reversal of anticoagulants/anti-platelet medications.
- 2. Define the parameters associated with TEG
- Define the parameters associated with TEG with platelet mapping.
- Provide treatment recommendations for abnormal TEG/TEG with Platelet Mapping results.



Table 1: Algorithm for TEG-Guided Blood Component Therapy

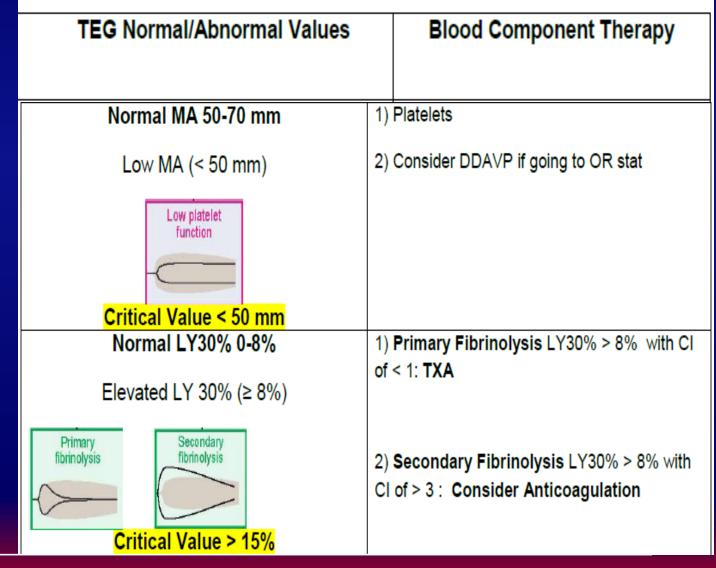
Note: Gray tracing overlapping diagram represents normal TEG tracing

Normal 5-10 min Prolonged R > 10 min Low clotting factor function	1) Prothrombin Complex Concentrate (PCC) Preferred as #1 2) Fresh Frozen Plasma (FFP) alternative 3) Protamine if Heparin Present 4) Factor VIIa if Jehovah's Witness
Critical Value >10 Minutes	4) 0
Normal K 1-3 min Normal α-angle 53-72 degrees Prolonged K time and/or reduced α-angle (<53°)	Cryoprecipitate and/or FFP
Low fibrinogen level Critical Value < 53 degrees	



Table 1: Algorithm for TEG-Guided Blood Component Therapy

Note: Gray tracing overlapping diagram represents normal TEG tracing





21 year old Male- Ped vs Train

- Red Trauma Alert...1035
 - GCS 1-4-2
 - VS HR 160 BP 92/50 R28
 - O2 saturation 60%
 - Hgb 11.9/Lactate 8.4
 - Diagnostics
 - Left chest pulmonary contusion, fx clavicle, scapulae, Left Rib fractures (1-3, 5, 7, 8-9) hemopneumothorax
 - Pelvic left side rami fractures/acetabular fx, Right sacral fx
 - Facial fractures: R maxillary sinus, right zygoma/nasal fx, orbital emphysema, fx anterior right orbital floor;
 - CT abdomen: active hemorrhage within the left flank, left gluteal region, near the left sacroiliac joint, near the left medial gluteal muscle, suspected mesenteric and retroperitoneal contusions, severe left hydronephrosis from uteropelvic junction obstruction, right adrenal contusion.

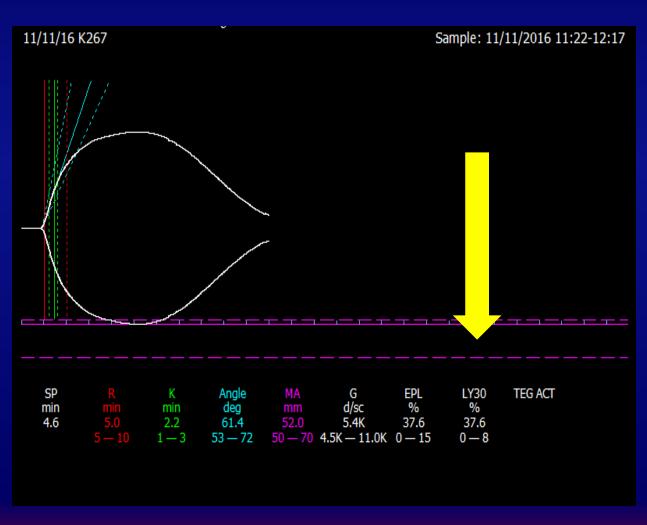


Other injuries

- CT brain: bilateral apical parasagital parenchymal hemorrhages, SDH, contusions, and cerebral edema
 - ICP opening pressure 30s
- Interventional OR: embolization of internal iliac artery



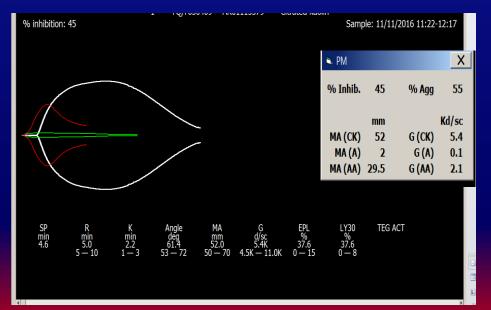
What is this?





Platelet Mapping







• TXA completed at 1500

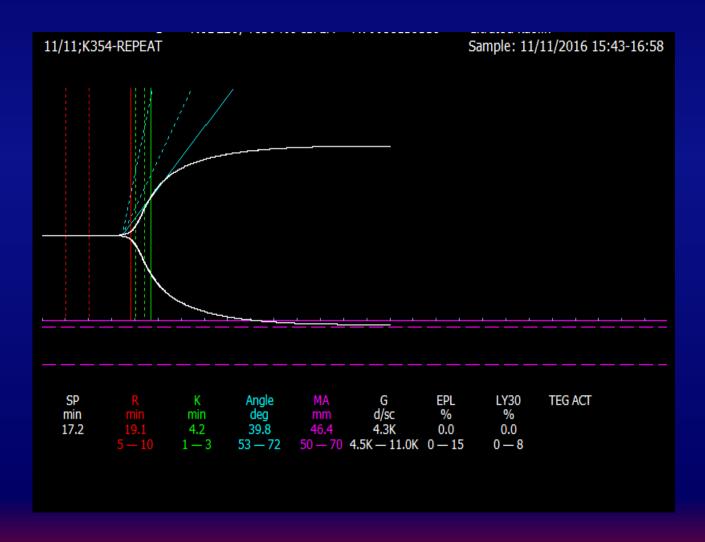
Massive Transfusion Protocol

(Blood Product Summary) Blood Bank Tests (Transfusion History							
Date	Time	Product	Unit#	Volume	Blood Type	Reaction	Details
11/15/16	22:34	Leuk-reduced RBC	W333416021720	300	OP		Q
11/12/16	14:16	Leuk-reduced RBC	W333616086328	300	OP		Q
11/12/16	02:57	Leuk-reduced RBC	W044216566964	300	OP		φ φ
11/11/16	15:29	Leuk-reduced RBC	W044216576640	300	OP		Ó
11/11/16	15:29	Leuk-reduced RBC	W044216575831	300	OP		Ó
11/11/16	15:16	Thawed Plasma	W087916203071	304	ON		ά
11/11/16	15:16	Thawed Plasma	W044216578557	294	OP		φ φ
11/11/16	15:16	Pheresis Platelets	W333516020674	235	AN		Ó
11/11/16	15:01	Thawed Plasma	W087916553834	311	OP		Ó
11/11/16	15:00	Thawed Plasma	W087916553838	320	OP		Ŷ <u>Ŷ</u>
11/11/16	15:00	Thawed Plasma	W044216575767	339	OP		Ó,
11/11/16	15:00	Thawed Plasma	W037916163020	318	OP		Ϋ́
11/11/16	15:00	Pheresis Platelets	W044216584282	232	AP		Ó
11/11/16	15:00	Pheresis Platelets	W044216584276	232	AP		Ó
11/11/16	14:59	Thaw Pooled Cryoprecip	W149516813948	98	OP		Ф Ф
11/11/16	14:59	Thaw Pooled Cryoprecip	W149516813648	104	OP		Ŷ
11/11/16	14:56	Thawed Plasma	W044216575799	317	OP		Ŏ
11/11/16	14:56	Thawed Plasma	W044216564971	310	OP		ň
11/11/16	14:56	Leuk-reduced RBC	W044216579120	300	OP		Ф Ф
11/11/16	14:56	Leuk-reduced RBC	W044216577744	300	OP		Ŷ
11/11/16	14:45	Leuk-reduced RBC	W044216581346	300	OP		
11/11/16	14:45	Leuk-reduced RBC	W044216579113	300	OP		Ф Ф
11/11/16	14:15	Pheresis Platelets	W051516109819	247	OP		Ť
11/11/16	13:59	Leuk-reduced RBC	W044216577648	300	OP		
11/11/16	13:59	Leuk-reduced RBC	W044216575845	300	OP		Ф Ф Ф
11/11/16	13:59	Leuk-reduced RBC	W044216575819	300	OP		Ť
11/11/16	13:59	Leuk-reduced RBC	W044216574654	300	OP		Ŷ
11/11/16	13:54	Thawed Plasma	W044216575704	315	OP		Ŷ
11/11/16	13:54	Thawed Plasma	W044216571975	325	OP		Ŷ
11/11/16	13:54	Thawed Plasma	W044216571455	333	OP		Ŷ
11/11/16	13:54	Thawed Plasma	W044216571436	309	OP		Ò
11/11/16	13:54	Thawed Plasma	W037916160722	212	ABP		Ä
11/11/16	13:54	Thawed Pheresis Plasma	W044216584284D	212	ABP		$\stackrel{\sim}{\sim}$
	13:54	Thawed Pheresis Plasma	W044216584284B	249	ABP		0 0 0
11/11/16	13:54	Thawed Pheresis Plasma	W044216564264B	249	ABP		\sim
		Thawed Plasma			OP		~
11/11/16	13:34	Thawed Plasma	W044216582821	314			Ф Ф
11/11/16	13:34 13:29	Leuk-reduced RBC	W044216580524 W044216578551	311 300	OP OP		7
11/11/16	13:29	Leuk-reduced RBC	W044216578551 W044216576633		OP OP		9
				300	OP OP		φ Φ
11/11/16	13:29	Irrad/Leuk-reduced RBC	W044216583073	300			X
11/11/16	13:00	Leuk-reduced RBC	W333616082943	300	OP		Ŷ Q
11/11/16	13:00	Leuk-reduced RBC	W333416022537	300	OP		
11/11/16	13:00	Leuk-reduced RBC	W333416021363	300	OP		Ф Ф
11/11/16	13:00	Leuk-reduced RBC	W333416020632	300	OP		X
11/11/16	13:00	Leuk-reduced RBC	W044216578772	300	OP		- X
11/11/16	13:00	Leuk-reduced RBC	W044216574561	300	OP		Ď
11/11/16	13:00	Leuk-reduced RBC	W044116120399	300	OP		Ä
11/11/16	13:00	Leuk-reduced RBC	W039516024052	300	OP		Q Q Q
11/11/16	13:00	Leuk-reduced RBC	W039516024035	300	OP		Y
11/11/16	13:00	Leuk-reduced RBC	W039516019671	300	OP		V)



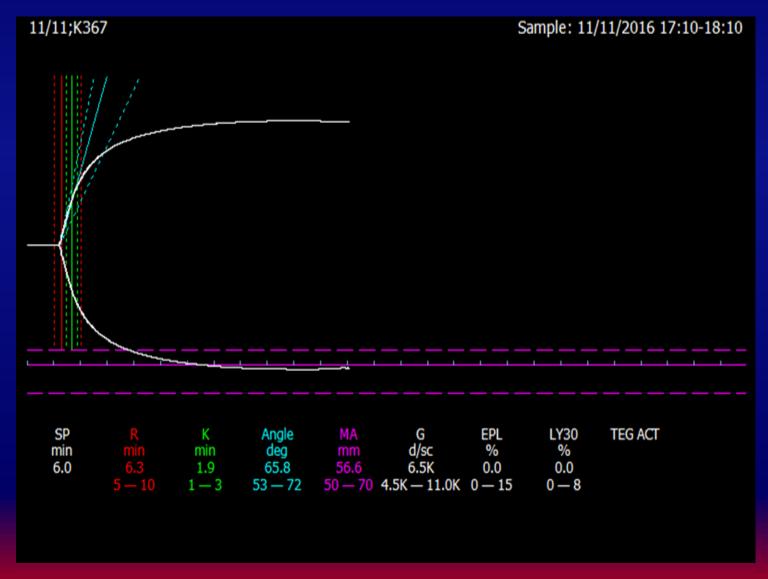
Post TXA

Given 2 units FFP



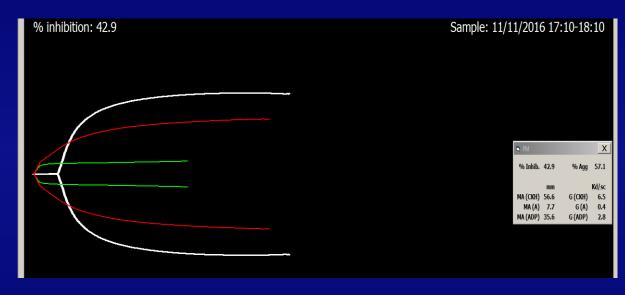


Post op 1710





Post Op 1710





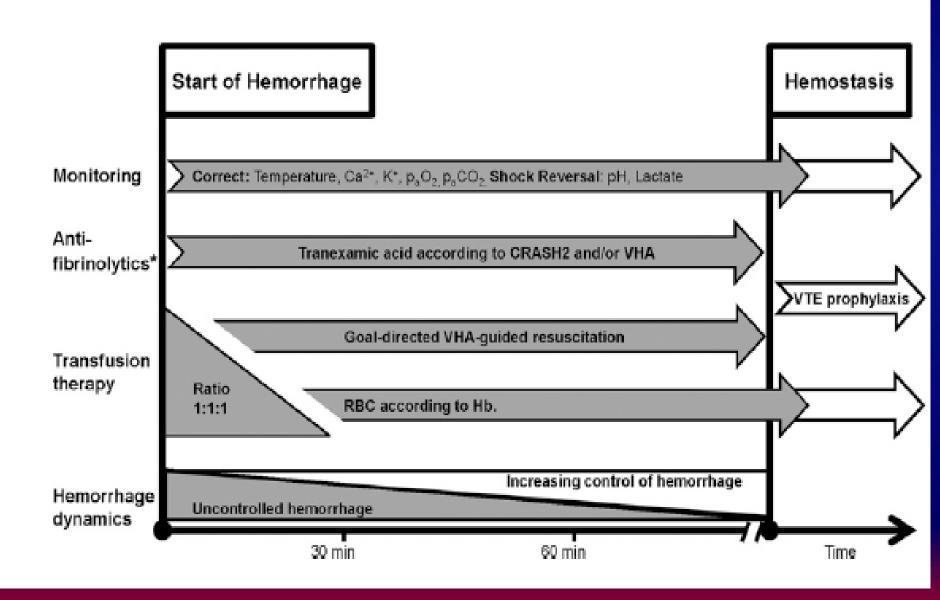


Discussion

Ratio-driven Resuscitation vs Goal-driven Resuscitation

- Use Point of care testing and patient vitals to guide initial care in major trauma
- Look at your patient (bleeding sources, vitals, etc)
- MTP and damage control surgery
- Using TEG in major trauma
 - "Mop up" once patient stabilized
 - Tailor the products to what the patient needs
 - Limitations (length of time to run test)

Conclusion





End Points of Resuscitation



- The MTP should be discontinued when there is recognition that further resuscitation is futile.
- The following should be used as guides to cease therapy with blood and blood components in a patient who is (1) not actively bleeding and (2) still in the acute resuscitation phase:
- RBC transfusions for hemoglobin ≥10 g/dL
- Plasma transfusion for prothrombin time (PT) <18 seconds
- Plasma transfusion for activated partial thromboplastin time (aPTT)
 <35 seconds
- Platelet transfusions for platelet count >150 x10°
- Cryoprecipitate or fibrinogen concentrate for fibrinogen level >180 g/L

If standard thrombelastography (TEG®) is available, the following cut-points for transfusion triggers may also be used:

- Plasma for r-value >9 minutes
- Plasma and/or cryoprecipitate (fibrinogen concentrate) for k-time >4 minutes
- Cryoprecipitate (or fibrinogen concentrate) and/or plasma for α-angle <60°
- Platelets for mA < 55 mm
- Anti-fibrinolytics for LY30₁
 >7.5 percent