

Eastbound 580 (from Oakland/Berkeley)

- Take Strobridge Ave. exit.
- Turn left at light.
- Turn right onto Castro Valley Blvd.
- Turn left on Lake Chabot Road.
- Hospital is on left.

Westbound 580 (from Pleasanton/Central Valley)

- ▶ Take Strobridge Ave exit.
- Turn right at light and right onto Castro Valley Blvd.
- Turn left on Lake Chabot Road.
- Hospital is on left.

South & North I-880 (from San Jose or Oakland/SF)

- Take Hwy 238 East exit toward 580/Oakland/Stockton.
- Take the Castro Valley exit from 238.
- ▶ Turn left at light.
- ▶ Turn left on Lake Chabot